Weekly Therapy Plans

Consistent Support. Meaningful Progress.

For clients who may benefit from consistent weekly support, Ethos Shoreline Counseling offers optional four-session Weekly Therapy Plans at a reduced rate. Weekly plans are available when weekly treatment is clinically appropriate and are designed to support continuity and consistency in therapy.

SERVICE	STANDARD RATE	4-SESSION WEEKLY PLAN
Individual Therapy - 50 min	$175/session	$660 ($165/session)
Couples Therapy - 50 min	$175/session	$660 ($165/session)
Family Therapy - 50 min	$175/session	$660 ($165/session)
Extended Individual - 80 min	$225/session	$840 ($210/session)
Extended Couples - 80 min	$250/session	$920 ($230/session)
Extended Family - 80 min	$250/session	$920 ($230/session)
Trauma Extended - 80-90 min	$250/session	$920 ($230/session)

Initial assessments and consultations are billed separately and are not included in Weekly Therapy Plans.

How Weekly Therapy Plans Work

Four sessions are purchased in advance at the reduced plan rate. Participation is optional. Weekly treatment must remain clinically appropriate and is determined collaboratively based on the client's needs and treatment plan.

Client Choice

Purchasing a Weekly Therapy Plan does not require a client to remain in psychotherapy or complete all four sessions. Clients may discontinue treatment at any time. The therapist may also recommend a different treatment frequency, referral, level of care, or termination when clinically appropriate.

Unused Sessions and Refund Policy

Weekly Therapy Plan fees are advance payments for psychotherapy services. If treatment ends before all prepaid sessions are provided, or the client elects not to use all sessions, Ethos Shoreline Counseling will refund the amount paid for unused sessions, less any properly assessed cancellation, missed-appointment, or other outstanding charges disclosed and agreed to in advance. Completed sessions retain the discounted per-session rate associated with the selected plan. Unused prepaid sessions will not be forfeited solely because the client chooses to discontinue treatment or because weekly treatment is no longer clinically appropriate.

Refund Calculation

Refunds are generally calculated as: **Amount Paid - Value of Completed Sessions - Properly Assessed Outstanding Charges = Refund Amount.**

Example: A client purchases a $660 plan and completes two sessions. The completed sessions are valued at $165 each ($330 total). If there are no other properly assessed charges, the remaining $330 is refundable. Refunds will ordinarily be

returned to the original payment method when reasonably practicable and processed within a reasonable period after the refundable balance is determined.

Cancellation and Missed Appointments

Ethos Shoreline Counseling's standard cancellation and missed-appointment policy continues to apply. Any applicable fee must be consistent with the Financial Agreement and Practice Policies disclosed to and accepted by the client. If Ethos Shoreline Counseling cancels an appointment, that session is not considered used and will not be deducted from the plan.

Biweekly Therapy

No Weekly Therapy Plan is required for biweekly treatment. Biweekly sessions are available at the standard per-session rate when clinically appropriate.

Insurance and Third-Party Reimbursement

Eligibility for discounted or prepaid arrangements may be affected by insurer or third-party payer contracts. Ethos Shoreline Counseling will not misrepresent fees, services, dates of service, or other information submitted to a payer. Clients seeking out-of-network reimbursement are responsible for determining their plan's requirements and limitations.

Applicable California Law

Nothing in this document is intended to waive or limit rights or protections available to a client under applicable California law. If applicable law or a third-party payer contract provides greater refund or reimbursement rights, the applicable legal or contractual requirement controls.

Client Agreement & Signature

Weekly Therapy Plan Election and Acknowledgment

Selected Weekly Therapy Plan

■ Individual Therapy — 50 min — $660	■ Couples Therapy — 50 min — $660
■ Family Therapy — 50 min — $660	■ Extended Individual — 80 min — $840
■ Extended Couples — 80 min — $920	■ Extended Family — 80 min — $920
■ Trauma Extended Session — 80–90 min — $920	

Client Acknowledgment

By signing below, I acknowledge that before electing a Weekly Therapy Plan I have reviewed the plan terms, including the total price, standard session rate, discounted per-session rate, advance-payment arrangement, refund calculation for unused sessions, and applicable cancellation and missed-appointment policies.

I understand that participation is voluntary; purchasing a plan does not require me to remain in psychotherapy or complete all four sessions; I may discontinue treatment at any time; treatment frequency remains based on clinical appropriateness; and purchasing a plan does not guarantee a particular treatment outcome.

I understand that unused prepaid sessions will be refunded according to the Weekly Therapy Plan refund policy, less any properly assessed outstanding charges disclosed and agreed to in advance. I understand that nothing in this agreement waives rights or protections available to me under applicable California law.

Client Name (print): _____

Client Signature: _____ Date: _____

Parent/Legal Representative (if applicable): _____

Representative Signature: _____ Date: _____

Selected Plan: _____ Amount Paid: $_____

Therapist: Joe M. Pollock Jr., LMFT #162214

Therapist Signature: _____ Date: _____

Please retain a copy of this document for your records.
Questions regarding fees, refunds, or the Weekly Therapy Plan may be directed to Ethos Shoreline Counseling before signing.